

## Kasutusjuhend küünarliigese tugi-mitte EBM

kubitaalkanali sündroom

night splint

day splint

immobilisation arm IV perfusion

### Characteristics

universeal: left arm = right arm

left elbow = right elbow

(ambidextrous)

Sizes : universal

Black colour

Internal removable and moldable inner aluminium splint

Body part: splint for arm-elbow

Art.nr. EBM-CTS-ET-1

Site web:

<https://www.belgomedical.com/store-20/item/ulajasemed/kuunarnukk/kuunarliigese-orthoos-kubitaaltunneli-sundroom/>

### Guidelines (example-näide for right arm-elbow/parem käsi)

Place the splint in front of you on the table.



logo EBM at the left side



slide the right arm into the inner sleeve



inner elbow well centered in the middle



Close upper velcro (shoulder side)



Close distal velcro (wrist side)



The flexible internal splint (you can bend it if necessary) is placed beside the arm, **not** under the elbow.



The arm is progressively slowed in the possibility of bending (flexing) the arm to permit the healing of the cubital tunnel nerve (about 60° flexion +/-). It is 'possible' to immobilize the arm straight or in a determined angle in placing the alu-splint in the elbow fold. (not on the side), but this is normally not 'indicated' for Cubital tunnel syndrome.

## **Volitatud edasimüüjale**

Evidence Based Materials Bvba

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**Küünarliigese tugi-mitte  
immobilisaato EBM**



- cubitak tunnel sydrome elbow splint  
arm